

The stories of Alex and Pancho

ALEX AND PANCCHO

READ FEAR GO

AWAY

KEKA COLMENERO



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ALEX AND PANCHO

READ FEAR GO AWAY



KEKA COLMENERO

We value being brave and knowing how
to face things that make us afraid using
our humour to do it.

Alex is in bed and Pancho is going to Dinosaur Land to rest.

“Why don’t you stay with me tonight?” Alex asked. Pancho looked at him with a funny look in his eyes.

“But Alex I need an extra large bed.”

The dinosaur didn’t understand what was the matter with Alex, and when he asked him, Alex blushed.

“I’m a little afraid”, Alex said a bit ashamed.







HANDBOOK:
FEAR GO
AWAY!

"What are you afraid of?" Pancho asked a bit surprised.

"I don't know, but I'm very afraid now. Aren't you ever afraid?"

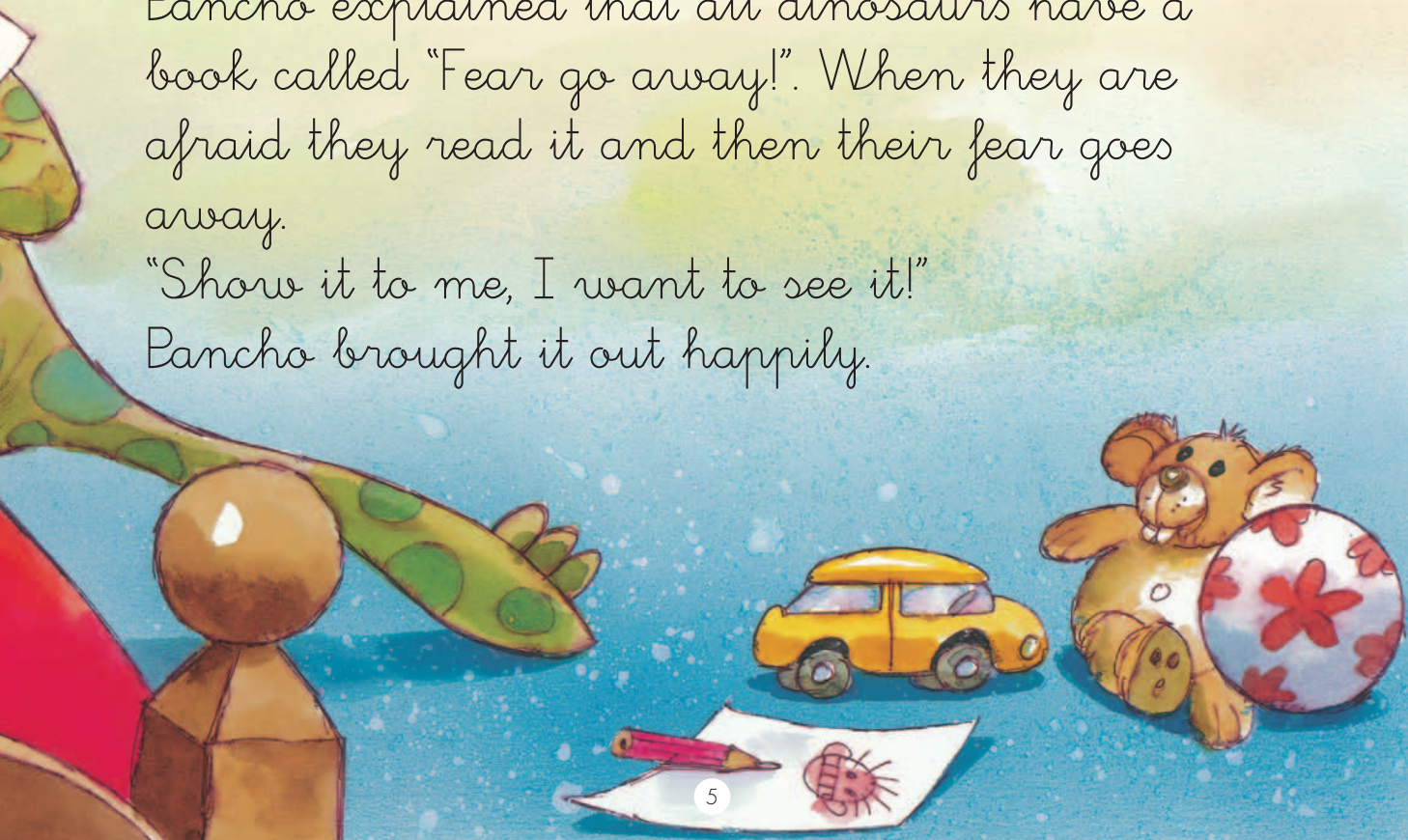
"Of course I am! Then I get my book out."

"What kind of a book is that?"

Pancho explained that all dinosaurs have a book called "Fear go away!". When they are afraid they read it and then their fear goes away.

"Show it to me, I want to see it!"

Pancho brought it out happily.





Pancho and Alex sat on the bed and started to read:

“Fear go away!”

First step: “End out what you are afraid of.”

“That is very difficult, Pancho” Alex said and then he sighed.



“But you must be afraid of something, right?”
Pancho asked making a funny face.

“What can I be afraid of? Burglars, darkness,
monsters...? I know!” he cried out, “Of ghosts!”

“Good!” They both said, now we know.

“Very good, let’s keep on reading.”



"Second step: talk about your fear
with someone".

They both find out that they had already done that.
"Pancho, I've already talked about it with you!"
Alex said happily.

"You're doing very well, Alex. Don't worry, you'll
soon get rid of your fear!" Pancho exclaimed to
encourage his friend.

"Alright, let's read more!" They are both very
excited.

